

SWEAH Milestone Conference

October 19-20, 2021

ONLINE

Tuesday, October 19

12:00-13:00	Visit the platform and mingle!
13:00-13:10	Welcome to SWEAH Milestone conference! Margareta Pålsson, Chair of the SWEAH board <i>Moderator: Charlotta Nilsen, Stockholm University & Jönköping University</i>
13:10-13:15	SWEAH Milestone Conference committee
13:15-13:45	Keynote presentation – When ageism meets sexism Liat Ayalon, Professor of Social work, Bar Ilan University, Israel <i>Moderator: Charlotta Nilsen, Stockholm University & Jönköping University</i>
13:45-13:50	Break
13:50-14:50	Interdisciplinary research session 1 <i>Moderator: Anne W Ekdahl, Lund University</i>
14:50-15:05	Break
15:05-16:15	Poster session <i>Moderator: Ida Karlsson, Karolinska Institutet</i>
16:15-16:30	Break
16:30-17:30	Interdisciplinary research session 2 <i>Moderator: Qarin Lood, University of Gothenburg</i>
19:00-21:00	Virtual AW including Game Night Exclusively for SWEAH PhD students & SWEAH alumni* <i>Moderator: Caroline Hasselgren, University of Gothenburg</i> *Former affiliated SWEAH PhD student or participated in a SWEAH postdoctoral course.

Wednesday, October 20

8:30-8:50	Morning meditation Peggy Ler, Jönköping University
9:00-9:20	SWEAH Reaching a milestone Erik Renström, Vice-Chancellor, Lund University Susanne Iwarsson, Coordinator of SWEAH, Lund University <i>Moderator: Charlotte Löfqvist, Lund University</i>
9:20-9:40	Ageing research funding at Forte Jonas Björck, Director-General Forte <i>Moderator: Charlotte Löfqvist, Lund University</i>
9:40-9:45	Break
9:45-10:45	Interdisciplinary research session 3 <i>Moderator: Sara Hägg, Karolinska Institutet</i>
10:45-11:00	Break Join Stina Elfverson for a workout session
11:00-12:00	Interdisciplinary research session 4 <i>Moderator: Björn Slaug, Lund University</i>
12:00-13:00	Lunch Virtual lunch concert – Live jazz from Piteå! <i>Luleå University of Technology</i>
13:00-13:30	Thesis at a glance <i>Moderator: Malin Ericsson, Karolinska Institutet</i>
13:30-13:35	Break
13:35-14:20	Symposium The utility of genetic and family based longitudinal data in aging research: Exploring the BMI phenotype <i>Discussant: Anna Dahl Aslan, University of Skövde, Karolinska Institutet, Jönköping University</i>
14:20-14:30	Break
14:30-15:00	Virtual Speed Networking <i>Moderators: Åsa Olsson, Karolinska Institutet, Emilia Viklund, Åbo Akademi University</i>
15:00-15:45	Interdisciplinary research session 5 <i>Moderator: Åsa Audulv, Umeå University</i>
15:45-16:00	Break
16:00-16:45	The future road map for researchers within ageing and health Panel discussion with Martin Hyde (Swansea University, UK), Lena Dahlberg (Dalarna University & Karolinska Institutet), Ida Goliath (Karolinska Institutet), Ingmar Skoog (University of Gothenburg) <i>Moderators: Barbro Westerholm, member of parliament & Mascha Pauelsen, Luleå University of Technology</i>
16:50-17:00	SWEAH 2.0 – pathways to a sustainable future society Lena Eskilsson, Deputy Vice-Chancellor, Lund University
17:00-17:15	Thank you! End of conference. Winner of Poster competition! <i>Moderator: SWEAH Milestone Conference Committee</i>

Session details

TUESDAY OCTOBER 19.	
<p>Interdisciplinary research session 1 Tuesday October 19. Time: 13:50-14:50</p> <ul style="list-style-type: none">○ Frailty trajectories in three longitudinal studies of aging: Is the level or the rate of change more predictive of mortality? (Jylhävä J., Karolinska Institutet)○ An electronic frailty index predicts in-hospital mortality in geriatric patients (Mak K.L.J., Karolinska Institutet)○ Presence of meaning in older men and women: The role of frailty dimensions and social support (Golovchanova, N., Örebro University)○ Individual and contextual predictors of emergency department visits among community-living older adults in a region of Sweden: a register-based study (Naseer, M., Dalarna University, Karolinska Institutet)	<p>Moderator Anne W. Ekdahl <i>Lund University</i></p>
<p>Poster session Tuesday October 19. Time: 15:05-16:15</p> <ul style="list-style-type: none">○ Intergenerational transfers of cash and care within the family: Are the givers those who receive? (Von Saenger, I., Karolinska Institutet)○ Validity and reliability of the patient reported inventory of self-management of chronic conditions (PRISM-CC) – in Swedish older adults (Olsson, I., Umeå University)○ The perks of being a co-designer: Older adults' experiences from participating in an innovation project (Viklund, E., Åbo Akademi University)○ Sex differences in genetic and environmental influences on frailty and its relation to body mass index and education (Mak K.L.J., Karolinska Institutet)○ Suicide among older people in different European welfare regimes: Does economic (in)security have implications for suicide prevention? (Wu, J., Gothenburg University)○ Doctoral students' experiences of being affiliated with a national interdisciplinary graduate school in aging and health in Sweden (Melander, C., Luleå University of Technology)○ Who are the older persons in Sweden today? A collaborative art & science project (Von Saenger, I., Karolinska Institutet)	<p>Moderator Ida Karlsson <i>Karolinska Institutet</i></p>

<p>Interdisciplinary research session 2 Tuesday October 19. Time: 16:30-17:30</p> <ul style="list-style-type: none"> ○ Communication Officers in Local Authorities Meeting Social Media: On the Production of Social Media Photos of Older Adults (Xu, W., Linköping University) ○ Information from preventive home visits can give older persons a voice in the society (Nivestam,A., Kristianstad University) ○ Matching the pieces: The presence of idiosyncratic deals and their impact on retirement preferences among older workers (Jonsson, R., University of Gothenburg) ○ Future time orientation mediates the association between self-rated health and preparation for old age in late adulthood (Saajanaho, M., University of Jyväskylä) 	<p>Moderator Qarin Lood <i>University of Gothenburg</i></p>
<p>WEDNESDAY OCTOBER 20.</p>	
<p>Interdisciplinary research session 3 Wednesday October 20. Time: 9:45-10:45</p> <ul style="list-style-type: none"> ○ Improving cognitive functions with physical exercise, a hit? (Levik Sandström, S., Umeå University) ○ The Umeå HIT Study: A randomized controlled trial to explore effects of supramaximal high-intensity interval training on cardiovascular capacity in older adults (Simonsson, E., Umeå University) ○ Mobility and muscle strength trajectories in old age: the beneficial effect of Mediterranean diet in combination with physical activity and social support (Saadeh, M., Karolinska Institutet) ○ Perceptions and attitudes about eating with the fingers -An explorative study among older adults with motoric eating difficulties, relatives and professional caregivers (Forsberg, S., Kristianstad University) 	<p>Moderator Sara Hägg <i>Karolinska Institutet</i></p>
<p>Interdisciplinary research session 4 Wednesday October 20. Time: 11:00-12:00</p> <ul style="list-style-type: none"> ○ Understanding housing accessibility policies in five Swedish municipalities: A qualitative study (Heller, C., Lund University) ○ Life course transitions in relation to perceived aspects of home: A qualitative interview study among older adults in Sweden (Eriksson, E., Lund University) ○ Environmental barriers and housing accessibility problems among people with Parkinson’s disease (PD) – A three-year perspective (Andersson, N., Lund University) ○ Positive value and negative impact of caring in spouse carers of persons with dementia in Sweden (Falk Johansson, M., Dalarna University) 	<p>Moderator Björn Slaug <i>Lund University</i></p>

<p>Thesis at a glance Wednesday October 20. Time: 13:00-13:30</p> <ul style="list-style-type: none"> ○ Cognitive aging and the retirement transition (Zulka, L.E., Gothenburg University) ○ Clinical biomarkers and associations with health span and lifespan: evidence from observational and genetic data (Li, X., Karolinska Institutet) 	<p>Moderator Malin Ericsson <i>Karolinska Institutet</i></p>
<p>Symposium The utility of genetic and family based longitudinal data in aging research: Exploring the BMI phenotype Wednesday October 20. Time: 13:35-14:20</p> <ul style="list-style-type: none"> ○ Early socioeconomic adversity and late-life body mass index: Exploring fetal and rearing circumstances (Ericsson, M., Karolinska Institutet) ○ Body mass index and the risk of dementia (Karlsson, I., Karolinska Institutet) ○ Risk of mortality in relation to body mass index and metabolic health measured in midlife and late-life (Ler, P., Jönköping University) 	<p>Discussant Anna Dahl Aslan <i>University of Skövde</i> <i>Jönköping University</i> <i>Karolinska Institutet</i></p>
<p>Interdisciplinary research session 5 Wednesday October 20. Time: 15:00-15:45</p> <ul style="list-style-type: none"> ○ Longitudinal qualitative research: A method to explore temporality in aging and health (Audulv, Å., Umeå University) ○ Methodological challenges of interviewing older persons in extreme poverty (Akram, O., Örebro University) ○ MoRe-Lab: Supporting the novel field of experimental health sciences (Schmidt, S.M., Lund University) 	<p>Moderator Åsa Audulv <i>Umeå University</i></p>

A big thank you to all researchers that volunteered to review the doctoral students' abstracts: Qarin Lood (University of Gothenburg), Malin Ericsson (Karolinska Institutet), Jing Wu (University of Gothenburg), Ida Karlsson (Karolinska Institutet), Mojgan Padyab (Umeå University), Björn Slaus (Lund University), Anne W. Ekdahl (Lund University), Christina Bökberg (Lund University), Erik Rosendahl (Umeå University), Sara Hägg (Karolinska Institutet), Maya Kylén (Lund University, Dalarna University), Charlotta Nilsen (Stockholm University, Jönköping University), Caroline Hasselgren (University of Gothenburg), Catharina Melander (Luleå University of Technology), Charlotte Löfqvist (Lund University).