

## Post doctoral course

### From junior to senior researcher in research on ageing and health

**Are you a PhD engaged in research on ageing and health, and interested in discussing and planning for your continued academic career together with others?**

The Swedish National Graduate School for Competitive Science on Ageing and Health (SWEAH) invites junior researchers, from both Sweden and abroad, to apply to this course on how to take the next career step.

The course will be held in English and implemented as a distance-learning course using an online learning platform and two face-to-face workshops, located to southern Sweden. The dates of the workshops are February 5-7 and May 7-9, 2019 (on both occasions, the program will start at 17.00 day 1 and end at 15.30 day 3). In Oct 2019, there will be an examination seminar online. Participation in all the workshop days as well as in the online examination seminar is mandatory.

#### Objective and content

The main objective of the course is to prepare junior researchers for successful careers as independent senior researchers within the research field of ageing and health. A further aim is to enable participants to develop and deepen an interdisciplinary and integrative approach to research on ageing and health, including international perspectives. For more information, see [course syllabus](#).

The course is based on the participants' national and international career planning within the research field of ageing and health. The theoretical components address leadership, mentoring, supervision of doctoral students and researchers, as well as the principles of research ethics and obtaining research funding. If there is such an interest among the course participants, SWEAH will consider arranging an individual mentor program during 2020.

#### Course leader and teachers

Professor [Susanne Iwarsson](#) will serve as the course leader, and also as a teacher throughout the course. Among the teachers are professor [Taina Rantanen](#), University of Jyväskylä, Finland, professor [Boo Johansson](#), University of Gothenburg, Sweden, and consultant, psychologist Katarina Billing, MIL Institute, Sweden.

#### Eligibility and selection of participants

The course is open to researchers from all disciplines engaged in research on ageing and health, who have obtained their PhD degree within the past three years. The number of participants will be limited to 20.

Selection of the participants will take into account the variation of disciplines, date of PhD degree, the written justification to participate, confirmation of 100% workshop participation, participation in previous postdoc courses, as well as university and country of origin in order to get a good distribution of participants. Junior researchers employed at any of the SWEAH partner universities/authorities will be given priority.

# SWEAH

SWEDISH NATIONAL GRADUATE SCHOOL FOR COMPETITIVE SCIENCE ON AGEING AND HEALTH

## Expenses

The course is free of charge for junior researchers employed at any SWEAH partner university/authority, including two-night accommodation and meals in connection with the workshops. Extra accommodation nights and travel costs are not covered by SWEAH.

For participants outside SWEAH, the course fee is SEK 15,000 (exclusive moms/VAT), including two-night accommodation and meals in connection with the workshops. Extra accommodation nights and travel costs are not included.

## Information and application

For more information, please contact Stina Elfverson by telephone +46 46 222 19 42 or e-mail: [stina.elfverson@med.lu.se](mailto:stina.elfverson@med.lu.se) The signed application as well as a 2-page CV should be sent as a pdf-file (by e-mail) to Stina Elfverson **no later than November 30, 2018**. Incomplete applications will not be processed. For more information about SWEAH, see <https://www.sweah.lu.se/en/>

WELCOME TO APPLY!

Susanne Iwarsson, Professor  
Coordinator, SWEAH  
Telephone: +46 46 222 19 40